

# MARQUARDT DISTRICT 15 MENU 2019-2020



## BREAKFAST MENU

MONDAY
Trix Cereal Bar Pretzels Apple Juice
TUESDAY
Cinnamon Toast Cereal Graham Crackers Apple Juice
WEDNESDAY
Team Cheerio Cereal Bar Graham Crackers Orange Juice
THURSDAY
Frosted Flakes Cereal Cheddar Crackers Apple Juice
FRIDAY
Cocoa Puffs Cereal Bar Pretzels Orange Juice

## ELEMENTARY LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A	Mini Pancakes Chicken Sausage Links Fruit/Veg Juice Daily Fruit & Veg	Hamburger Baked Tater Triangles Daily Fruit & Veg	Personal Cheese Pizza Spring Mix Salad Daily Fruit & Veg	Chicken Tenders Cocoa Cherry Bar Roasted Chick Peas Daily Fruit & Veg	Seasonal Entree Special Frozen Fruit Treat Daily Fruit & Veg
B	French Toast Sticks Seasoned Potatoes Daily Fruit & Veg	Beef Taco Bowl Baked Tortilla Chips Black Bean Salad Daily Fruit & Veg	Bosco Sticks Marinara Dipping Cup Fruit/Veg Juice Daily Fruit & Veg	Chicken Filet Sandwich Steamed Veggie Daily Fruit & Veg	Mandarin Chicken Bowl Spring Mix Salad Daily Fruit & Veg
C	Mini Waffles Chicken Sausage Links Fruit/Veg Juice Daily Fruit & Veg	All Beef HotDog Vegetarian Baked Beans Daily Fruit & Veg	Cheese Pizza Slice Spring Mix Salad Daily Fruit & Veg	Boneless Chicken Bites Goldfish Crackers Mashed Potatoes Daily Fruit & Veg	Soft Shell Chicken Tacos Fresh Seasonal Veggie Daily Fruit & Veg

Additional fruit offered daily at breakfast

**Daily Cold Lunch Options**

Yogurt Bag: Yogurt, Granola, Cheese stick, & Crackers  
 Pizza Kit: Ingredients to build your own cheese pizza

**KEY**

Vegetarian Friendly Entree

Our menu does NOT contain any peanut or tree nut ingredients.

**Seasonal Entree Special**

Breaded Chicken Drumstick & Roll (Aug-Nov)  
 Mini Hot Dog with Mac & Cheese (Dec - Feb)  
 Buffalo Chicken Bites & Roll (March-May)

**Student Lunch Selection**

- Choice of Entree
- Up to 3 fruits and/or veggies
- Choice of Milk (1% white, chocolate, strawberry)



**Daily Fruits & Vegetables**

Assorted Fresh Fruits  
 Fruit Cup in Natural Juice  
 Applesauce Cup  
 Baby Carrots

Menu Subject to Change

August	September	October	November	December	January
M T W Th F 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	M T W Th F X 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 X 30	M T W Th F 1 2 3 4 7 8 9 10 11 X 15 16 17 18 21 22 23 24 25 28 29 30 31	M T W Th F 1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 X X X X	M T W Th F 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 X X X X X X X	M T W Th F X X X 6 7 8 9 10 13 14 15 16 17 X 21 22 23 X 27 28 29 30 31

February	March	April	May
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Week A (Red) X No Meal Service  
 Week B (Green)  
 Week C (Blue)

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ANDROID APP ON Google play  
 Available on the App Store

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 @marquardtfood

For menu nutrition and allergen information visit:  
[www.d15foodandnutrition.us](http://www.d15foodandnutrition.us)

We are using reusable or compostable trays at your school!



Visit [www.mymealtime.com](http://www.mymealtime.com) or download the mealtime app to monitor the activity on your students meal account.

All meals are available to students at **no charge**

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